



Dear friends,

For the first time this year we reach out to you. At this time last year who would have thought that we would experience what we have for nearly 11 months? Events are shaping our lives without us having any choice. We may face challenges, we may feel that we need to pray and reflect, maybe with the companionship of someone else. You are in our prayers. Once again we remind you that you are welcome to send us prayer intentions. We leave them in front of the altar in our chapel.

So what is happening at St Andrew's as the lockdown continues? We use new technology to continue to welcome and accompanying retreats.

We can tailor online accompanied retreats according to peoples' availability. Contact us to find out more. Here are more online suggestions:

### **Stepping Stones into Silence**

A week-end retreat with personal accompaniment  
from Friday 12 to Sunday 14 February 2021

### **'Lord, teach me your ways'**

Lent Retreat in Daily Life  
From 21 February to 21 March 2021